

American Ballroom Dance Academy

www.americanballroomdanceacademy.com

June 2008

All classes are held in the Thomas Moser Building at the corner of Forest and Cumberland Avenues. The entrance to the studio is at 62 Forest Ave. After you enter, turn right and go up the stairs.

FOUNDATION CLASSES STARTING IN PORTLAND JUNE 2008:

Please call ahead to register! The cost is \$60 per person for the course of 6 weeks. When you take two classes per week, you take the second one for half price.

Monday: 6:30-7:25 PM (Latin: Salsa, Merengue, Mambo, Nightclub), starting June 23

Monday: 7:30-8:25 PM (Waltz, Foxtrot, Tango, Swing, Nightclub), starting June 23

Wednesday: 6:00-6:55 PM (Waltz, Foxtrot, Tango, Swing, Nightclub), starting June 25

Wednesday: 7:00-7:55 PM (Latin: Salsa, Merengue, Mambo, Nightclub), starting June 25

ONGOING CLASSES:

MONDAY

6:30-7:25 PM Intermediate Ballroom & Latin

6:30-7:25 PM Foundation Latin

7:30-8:25 PM Foundation Ballroom

6:30-7:25 PM Foundation Ballroom, Lewiston, Central Hall, call for directions

7:30-8:25 PM Foundation Latin, Lewiston, Central Hall, call for directions

6:30-7:25 PM Full Bronze Ballroom, Lewiston, Central Hall, call for directions

7:30-8:25 PM Full Bronze Latin, Lewiston, Central Hall, call for directions

TUESDAY

6:00-6:55 PM Pre-Bronze Ballroom

7:00-7:55 PM Pre-Bronze Latin

6:00-6:55 PM Foundation Ballroom, Harrison Ballroom, call for directions

6:00-6:55 PM Foundation Latin, Harrison Ballroom, call for directions

7:00-7:55 PM Pre-Bronze Ballroom, Harrison Ballroom, call for directions

8:00-8:55 PM Pre-Bronze Latin, Harrison Ballroom, call for directions

7:00-7:55 PM Full Bronze Ballroom, Harrison Ballroom, call for directions

8:00-8:55 PM Full Bronze Latin, Harrison Ballroom, call for directions

6:30-7:25 PM Pre-Bronze Blrm, Brunswick, Full Spectrum Fitness, call for directions

7:30-8:25 PM Pre-Bronze Latin, Brunswick, Full Spectrum Fitness, call for directions

WEDNESDAY

6:00-6:55 PM Foundation Latin

7:00-7:55 PM Foundation Ballroom

7:00-7:55 PM Intermediate Silver

7:00-7:55 PM Foundation Blrm, Augusta, Kennebec Dance Centre, call for directions

8:00-8:55 PM Foundation Latin, Augusta, Kennebec Dance Centre, call for directions

Over, please

THURSDAY

	6:00-6:55 PM	Foundation Ballroom
	7:00-7:55 PM	Foundation Latin
6:30-7:25 PM	Foundation Blrm, Brunswick, Full Spectrum Fitness, call for directions	
7:30-8:25 PM	Foundation Latin, Brunswick, Full Spectrum Fitness, call for directions	

SATURDAY

3:30-4:25 PM	Foundation Blrm, Brunswick, Full Circle Dance Studio, call for direct.	
4:30-5:25 PM	Foundation Latin, Brunswick, Full Circle Dance Studio, call for direct.	
	7:00-7:55 PM	Technique for all levels
	8:00-11:00 PM	Practice Dance Party

FOUNDATION 6-week classes are designed for people who have never taken a ballroom dance class. Three major rhythms—Waltz, Foxtrot and Swing—will be taught. Each class meets for an hour every week at the same time.

PRE-BRONZE AND ABOVE LEVEL CLASSES are designed for people who have completed the Foundation class. Waltz, Foxtrot, Swing, Rumba, Cha-cha, Tango, Merengue, Mambo, Salsa, West Coast Swing, Hustle, Polka, Samba, Viennese Waltz are taught at this level. Each class meets for an hour every week at the same time.

CALL FOR OUR INTRODUCTORY OFFER!

SATURDAY NIGHT DANCE PARTY!

Saturday night dance party is held weekly. All ballroom and Latin rhythms are played. Light refreshments are served. Chem.free. No prior dance knowledge is required. Dance hosts are participating. Street shoes are not a problem.

Saturday night dance party **8:00-11:00PM**

The cost is \$5 per person.

PRIVATE LESSONS:

Can be taken by a single person, a couple, or a group of individuals. Call for our introductory offer.

WEDDING PREPARATION PACKAGES:

We will help you choreograph your wedding dance and will give you the necessary dance skills to make you look great on the special day. *The cost of the 5-hour package is \$200 per couple.*

PRO-SHOP

Offering a full line of Ballroom & Latin dance shoes, dance fabrics and dance music. If we do not have what you are looking for, we can special order it for you.

To inquire about the classes and to register for them, to receive driving directions, or other information, please call (207) 879-5761.

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Please send all inquiries, concerns and suggestions to:

American Ballroom Dance Academy

62 Forest Ave

Portland, ME 04101